

## **GENERAL RESOURCES FOR PARENTS**

Check out these reputable sites for info on healthy child development, childcare, and more!

**Boston Family Engagement Network** Neighborhood-specific information on playgroups, early childhood screenings, etc.

Homepage <http://bostonfen.weebly.com/>

**Boston Navigator** Search for youth programs in Boston. Filter for Early Childhood age group and Early Education program type.

Homepage <http://www.bostonnavigator.org/Boston/Home/Welcome.aspx>

### **Brain Building in Progress**

Homepage <http://brainbuildinginprogress.org/>

### **Centers for Disease Control and Prevention**

Homepage <https://www.cdc.gov/>

“Information for Families” <https://www.cdc.gov/ncbddd/actearly/parents/index.html>

Milestones listed from 2 months to 5 years

<https://www.cdc.gov/ncbddd/actearly/milestones/index.html>

Milestones Checklists from 2 months to 5 years.

[https://www.cdc.gov/ncbddd/actearly/pdf/checklists/all\\_checklists.pdf](https://www.cdc.gov/ncbddd/actearly/pdf/checklists/all_checklists.pdf)

“Positive Parenting Tips”

<https://www.cdc.gov/ncbddd/childdevelopment/positiveparenting/index.html>

### **Early Head Start**

Homepage <https://eclkc.ohs.acf.hhs.gov/about-us/article/early-head-start-programs>

**Exceptional Lives** Free, easy resources geared toward parents of children with disabilities.

Homepage <https://exceptionallives.org/>

### **Federation for Children with Special Needs**

Homepage <https://fcsn.org/>

**MA 211** Helpful chat and call-lines for information on government and resources.

Homepage <http://mass211.org/>

### **MA Act Early**

Homepage <http://www.maactearly.org/>

“I’m a Parent”--Information on your child’s developmental milestones, and about Autism  
<http://www.maactearly.org/im-a-parent.html>

## **MA Department of Early Education and Care**

Homepage

<http://www.mass.gov/edu/government/departments-and-boards/departments-of-early-education-and-care/>

“Find Early Education and Care Programs”

<http://www.mass.gov/edu/birth-grade-12/early-education-and-care/find-early-education-and-care-programs/>

“Early Education and Care Financial Assistance for Families”

<https://www.mass.gov/early-education-and-care-financial-assistance-for-families>

## **The National Association for the Education of Young Children (NAEYC)**

Homepage <http://www.naeyc.org/>

“10 Things Every Parent Should Know about Play”

<https://families.naeyc.org/learning-and-development/child-development/10-things-every-parent-should-know-about-play>

“Why This Toy?”

<https://families.naeyc.org/learning-and-development/child-development/why-toy>

## **VROOM**

Homepage

[http://www.joinvroom.org/?gclid=EAIaIQobChMI6vy1x9H\\_1gIVluGCh2vfwHnEAAYAiAAEgl\\_9fD\\_BwE](http://www.joinvroom.org/?gclid=EAIaIQobChMI6vy1x9H_1gIVluGCh2vfwHnEAAYAiAAEgl_9fD_BwE)

## **Zero to Three**

Homepage <https://www.zerotothree.org/>

“Activities by month of the year”

<https://www.zerotothree.org/resources/1090-a-year-of-play>

“Magic of Everyday Moments” - Videos on different topics related to understanding and supporting your child. <https://www.zerotothree.org/resources/series/magic-of-everyday-moments>

“Tips for Choosing Toys for Toddlers”

<https://www.zerotothree.org/resources/1076-tips-for-choosing-toys-for-toddlers>

### **FINE MOTOR RESOURCES**

The National Association for the Education of Young Children (NAEYC) - Strategies to focus on fine motor development in “daily activities”. (Not all ideas are for all ages - Keep the age of your child in mind when thinking about these strategies!)

<https://families.naeyc.org/learning-and-development/child-development/help-your-child-build-fine-motor-skills>

### **SOCIAL-EMOTIONAL RESOURCES**

Center on the Social and Emotional Foundations for Early Learning (CSEFEL) - Handouts on supporting your child’s social emotional learning.

<http://csefel.vanderbilt.edu/resources/family.html>