Volunteers build literacy kits at United Way’s Community Block Party.
DISCOVER ALL THE WAYS YOU CAN MAKE A DIFFERENCE

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No organization is better equipped than United Way to connect volunteers to the needs in our communities. We’ve been working to help people in our communities for more than 80 years.

We partner with more than 180 different nonprofits throughout the region. We have the capability and the capacity to connect you to countless volunteer opportunities.

Whether you’re looking for unique, rewarding team-building opportunities, business-to-business networking or a great fit for your corporate social responsibility platform, United Way can meet your company’s needs. Our volunteer engagement staff will help craft a custom volunteer experience that will be fun, and most importantly, something of consequence.

We promise when you volunteer with United Way, you will play a role in creating lasting change.
ON-SITE TEAM BUILDING OPPORTUNITIES

HOST A DRIVE TO COLLECT ITEMS such as nonperishable items, books, or clothes for people in need.

CREATE House Warming Kits to welcome a family to their first home.

ASSEMBLE Fresh Start hygiene kits.

BUILD Basics for Babies kits and give moms what they need to start their parenting experience on the right track.

ASSEMBLE LITERACY KITS to encourage early childhood development.

PACK ESSENTIAL LEARNING TOOLS into backpacks for kids going back to school.

FILL STEM (SCIENCE/TECHNOLOGY/ENGINEERING/MATH) LEARNING KITS to support United Way’s BoSTEM program.

ASSEMBLE SUMMER CURRICULUM KITS to enhance United Way’s Summer Learning Collaborative.

CREATE LIFE-SIZED BOARD GAMES for kids to play with in afterschool programs.

FILL LAUNDRY BASKETS with supplies for first-time college students.

SPEND YOUR LUNCH HOUR WITH UW We promise: interactive team building, lots of fun, community impact and zero boring powerpoints.

OFF-SITE TEAM BUILDING OPPORTUNITIES

LET US PLAN YOUR COMPANY DAY OF CARING working on special all-day projects at local non-profits during your company’s Day of Caring.

SPEND A HALF DAY with colleagues meeting and consulting with staff from a local agency to help tackle some of their organization’s major challenges.

PARTICIPATE in Penny-Smart Kids activities, designed to teach young children early principles of money management.

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SPEND YOUR LUNCH HOUR WITH UW We promise: interactive team building, lots of fun, community impact and zero boring powerpoints.

This really opens your eyes to the programs that are out there and what the community needs from us … And we’re office people, so it’s nice to get out and get our hands dirty.”

— Kristina Romboletti MARKETING COORDINATOR, LINDT & SPRUNGLI UNITED WAY VOLUNTEER
INDIVIDUAL VOLUNTEERS

MEET PEOPLE
DEVELOP NEW SKILLS
ENHANCE YOUR CAREER

INDIVIDUALS CAN VOLUNTEER WITH UNITED WAY AS WELL! WE COORDINATE WITH INDIVIDUALS TO CONNECT THEM TO REWARDING OPPORTUNITIES

READY TO GET STARTED?
The community is waiting for you!

VOLUNTEER OPPORTUNITIES

HELP INDIVIDUALS AND FAMILIES IN NEED complete their tax returns as a VITA volunteer.

PROVIDE CAREER COACHING to adults at one of United Way’s partner agencies.

SHARE YOUR PROFESSIONAL EXPERTISE with organizations that need help in areas such as marketing, accounting and web design.

JOIN THE BOARD of a United Way partner agency through the Board Connection program.

READ TO CHILDREN at an after school program or early learning center.

BECOME A VIRTUAL TUTOR at one of United Way’s partner schools.

MENTOR YOUTH at one of our partner agencies or with a United Way affiliated mentorship opportunity.

VISIT AT THE STATE HOUSE OR SIGN UP FOR ADVOCACY ALERTS with our public policy team.

JOIN Women’s United or one of our other affinity groups to become engaged with our work in a unique way.

YOU CAN ALSO CREATE A PROFILE ON UNITED WAY’S VOLUNTEER HQ, where you can search all available volunteer opportunities at our nearly 200 sites and filter by location or interests.

UNITEDWAYMASSBAY.ORG/BECOME-A-VOLUNTEER

“You can also create a profile on United Way’s Volunteer HQ, where you can search all available volunteer opportunities at our nearly 200 sites and filter by location or interests.”

— Ellen King
UNITED WAY VOLUNTEER, WOMEN’S LEADERSHIP COUNCIL

The single most important thing for me was to see and touch the work United Way does ... I’ve been able to visit United Way partner agencies and have met the most impressive people and clients.”

— Ellen King
UNITED WAY VOLUNTEER, WOMEN’S LEADERSHIP COUNCIL
INDIVIDUAL AND FAMILY FINANCIAL OPPORTUNITY

HELP VULNERABLE

INDIVIDUALS AND FAMILIES ACHIEVE VICTORY OVER THEIR CIRCUMSTANCES

WITH YOUR HELP, INDIVIDUALS AND FAMILIES WHO ARE LIVING ON THE EDGE OF FINANCIAL DISASTER CAN CHART A PATH OUT OF POVERTY

VOLUNTEER OPPORTUNITIES

United Way helps those who are struggling to regain their footing and supports their continued climb toward self-sustainability and victory over their circumstances.

HELP PREPARE ADULTS FOR A NEW JOB
with career coaching or mock interviewing.

MAKE THE HOLIDAYS SPECIAL
by adopting families and donating gifts.

SIGN UP FOR
Homeless Connect and learn more about the homelessness issue in your region.

HELP INDIVIDUALS AND FAMILIES IN NEED
complete their tax returns as a VITA volunteer.

SUPPORT NEW MOMS
at the annual Community Baby Shower.

PARTICIPATE
in Boston’s annual Homeless Census.

SORT OR SERVE FOOD
at a local food pantry.

DISTRIBUTE THANKSGIVING MEALS
to those in need during our annual Thanksgiving Project.

It’s been such a rewarding opportunity ... I get to meet people at the agencies and people coming in for taxes. And best of all, you don’t have to be a genius to do this.”

– RON KOBRENSKI
UNITED WAY VOLUNTEER

UNITEDWAYMASSBAY.ORG/VOLUNTEER

UNITED WAY VOLUNTEER GUIDE
EDUCATIONAL SUCCESS

MAKE A DIFFERENCE IN THE LIVES OF CHILDREN AND YOUTH

THE PATH TO SUCCESS STARTS AT AN EARLY AGE AND THROUGH UNITED WAY YOU CAN PLAY A HUGE ROLE IN THE DEVELOPMENT OF THE NEXT GENERATION OF LEADERS.

12 // UNITED WAY VOLUNTEER GUIDE

VOLUNTEER OPPORTUNITIES

Whether it’s reading to preschoolers or mentoring a high school student, you can offer vital support at the critical junctures of a young person’s life.

SET UP Brain Building Zones with books and learning activities at local businesses.

HELP WITH YOUTH PROFESSIONAL DEVELOPMENT through mock interviews, interview reviews and job shadowing.

HOST A SITE VISIT AT YOUR COMPANY for a group of students and share your experiences as a STEM professional.

SUPPORT TEAMS OF YOUNG SOCIAL ENTREPRENEURS with United Way’s Youth Venture program.

MENTOR A NEW COLLEGE STUDENT as a Marian L. Heard (MLH) Scholarship E-coach.

HOST A DINNER AT A COLLEGE CAMPUS for United Way’s Marian L. Heard Scholars.

HOLD YOUR OWN WORKSHOP on topics not typically taught in school.

TUTOR STUDENTS at an afterschool program.

CLOSE THE ACHIEVEMENT GAP with the Summer Learning Collaborative.

HELP YOUNG FILMMAKERS in the Seacoast area to produce films about substance abuse at the Granite Youth Film Festival.

READ TO CHILDREN at an after school program or early learning center.

PARTICIPATE IN AN AFTERSCHOOL PROGRAM ACTIVITY such as playing life-sized board games with the students.

PARTICIPATE IN SEACOAST’S K-READY KIDS PROGRAM to ensure that local preschoolers enter kindergarten ready to succeed.

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WHAT UNITED WAY CAN DO FOR YOU

UNITED WAY IS HERE TO HELP MAKE YOUR TEAM-BUILDING VOLUNTEER OPPORTUNITY ONE TO REMEMBER. OUR STAFF WILL WORK CLOSELY WITH YOU TO CUSTOMIZE YOUR ACTIVITY SO THAT EVERYONE WILL LEAVE ENERGIZED AND INSPIRED.

OUR RESPONSIBILITIES INCLUDE:

- PLAN THE ENTIRE PROJECT from start to finish, alongside a company team leader
- FIT THE PROJECT into the appropriate time frame
- MANAGE PROJECT logistics
- ORDER MATERIALS and have them ready to use the day of the event
- SET UP the project
- MANAGE AND LEAD the event
- TAKE PHOTOS during the event
- SHOWCASE THE EVENT on United Way social media for company PR
- WRAP-UP and clean up the event
- COORDINATE agency pickup of materials if needed
- SEND ALL PHOTOS to the company team leader
- SEND THANK YOU email with satisfaction survey
- COORDINATE agency pickup of materials if needed
- SET UP the project
- MANAGE AND LEAD the event
- TAKE PHOTOS during the event
- SHOWCASE THE EVENT on United Way social media for company PR
- WRAP-UP and clean up the event

The projects that receive this service must either have an account with us or a budget to cover the cost of the event and materials.

GET STARTED TODAY! UNITEDWAYMASSBAY.ORG/VOLUNTEER

CORPORATE VOLUNTEER PROJECT REQUEST FORM

<table>
<thead>
<tr>
<th>TODAY’S DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>COMPANY</td>
</tr>
<tr>
<td>DEPARTMENT</td>
</tr>
<tr>
<td>UNITED WAY STAFF</td>
</tr>
<tr>
<td>ADDRESS</td>
</tr>
<tr>
<td>CITY</td>
</tr>
<tr>
<td>STATE</td>
</tr>
<tr>
<td>ZIP</td>
</tr>
<tr>
<td>Does United Way have an existing relationship with this company?</td>
</tr>
<tr>
<td>Can United Way’s Volunteer Engagement Team contact directly?</td>
</tr>
<tr>
<td>Is this the company’s first Volunteer Opportunity?</td>
</tr>
<tr>
<td>Focus area (Please select one if applicable):</td>
</tr>
<tr>
<td>LOCATION PREFERENCE:</td>
</tr>
<tr>
<td>CONTACT PERSON AT COMPANY:</td>
</tr>
<tr>
<td>EMAIL</td>
</tr>
<tr>
<td>PHONE</td>
</tr>
<tr>
<td>COMPANY’S TWITTER HANDLE:</td>
</tr>
<tr>
<td>OTHER SOCIAL MEDIA HANDLES:</td>
</tr>
<tr>
<td>Project Budget (may be required for supplies): $</td>
</tr>
<tr>
<td>Expected number of volunteers: _______</td>
</tr>
<tr>
<td>Will senior leaders be participating?</td>
</tr>
<tr>
<td>Desired date of service: / /</td>
</tr>
<tr>
<td>Is date of service flexible?</td>
</tr>
<tr>
<td>Desired start time: AM/PM</td>
</tr>
<tr>
<td>Desired end time: AM/PM</td>
</tr>
<tr>
<td>Maximum distance from company location:</td>
</tr>
<tr>
<td>Does the company have any special needs or restrictions?</td>
</tr>
<tr>
<td>Is there a preference* for projects? (e.g., serving with children or seniors) or physical labor such as painting, landscaping, etc.?</td>
</tr>
<tr>
<td>Agency preferences:</td>
</tr>
<tr>
<td>Please list any additional notes or comments:</td>
</tr>
</tbody>
</table>

*Please note that while we will do our best to match your preferences, exact matches may not always be possible.

PLEASE NOTE: United Way of Massachusetts Bay, Inc. charges a $250 fee for volunteer opportunity cancellations made within 3 business days of the scheduled event. In order to ensure the efficacy of our work in the community, we consider anything under 50% participation of the requested team size as a cancellation. Our kit opportunities are budgeted for a one time experience but can be rescheduled without a cancellation fee if needed.

Please send project requests to: volunteer@unitedwaymassbay.org